

Yoga Day at Grow Yoga

Saturday Jan. 21, 2012

8:30-9:30am Hatha Level 2

10-11:15am Ashtanga Level 1-2

11:45-1pm Hatha Level 1

1:30-2:30pm Vinyasa Level 1-2

*Celebrate Yoga Day with Grow
Yoga!! We will have free yoga classes
ALL DAY!! Be sure to CALL
AHEAD to reserve your space!*

1780 WEST 5TH AVE

COLUMBUS, OHIO 43212

WWW.GROWYOGACOLUMBUS.COM

614-487-YOGA (9642)

Free
Yoga
Classes

